

**Amendments to the Claims**

This listing of Claims will replace all prior versions and listing of claims in the application:

**Listing of Claims**

1. (currently amended) A seat portion for a seat, which seat portion comprises at least a first part which is made of a first plastics foam material of a first hardness, and a second part which is made of a second plastics foam material of a second and lesser hardness; and in which the first and the second parts are the only parts in the seat portion which provide a posterior-supporting function; the second part is in the form of an insert which fits into a complementarily shaped recess in the first part and does not extend into a backrest portion for the seat; the insert substantially fills the recess; and the insert comprises a pair of pads which are positioned so as to be underneath the cheeks of the posterior of a person sitting on the seat portion, and a pair of legs which are positioned so as to be underneath the thighs of the person sitting on the insert.

2. (cancelled).

3. (cancelled).

4. (previously presented) A seat portion according to claim 1 in which the pads and the legs have curved faces which engage complementarily curved faces in the recess.
5. (cancelled).
6. (previously presented) A seat portion according to claim 1 in which the second part does not have any voids of the type used to increase flexibility and/or save plastics foam material.
7. (original) A seat portion according to claim 1 in which the second part is in the form of a surface-mounted addition which rests on an upper surface of the first part.
8. (previously presented) A seat portion according to claim 1 in which the second part is fixed to the first part.
9. (previously presented) A seat portion according to claim 1 in which the second part is movable with respect to the first part.
10. (previously presented) A seat portion according to claim 1 and including a heating element.

11. (previously presented) A seat including a seat portion according to claim 1.

12. (original) A seat according to claim 11 and including a backrest portion.

13. (previously presented) A seat according to claim 12 in which the backrest portion comprises a main part which is made of a plastics foam material of a first hardness, and a second part which is made of a plastics foam material of a second and lesser hardness.

14. (original) A seat according to claim 13 in which the support part is fixed to the main part.

15. (previously presented) A seat according to claim 13 in which the support part is movable with respect to the main part.

16. (previously presented) A seat according to claim 13 in which the main part is such that it increases in thickness in a direction towards the seat portion.

17. (previously presented) A seat according to claim 13 in which the support part is a rectilinear support part.
18. (original) A seat according to claim 17 in which the rectilinear support part is conical in shape with longest sides extending towards the seat portion.
19. (cancelled).
20. (previously presented) A seat according to claim 12 and including a peripheral frame which extends around the periphery of the backrest portion.
21. (previously presented) A seat according to claim 12 and including a headrest portion.
22. (cancelled).
23. (previously presented) A seat portion according to claim 1 in which an under surface of the second part has protuberances, and an upper surface of the first part has recesses complementary in shape to the protuberances.
24. (cancelled).